empath health

Let Me Teach You

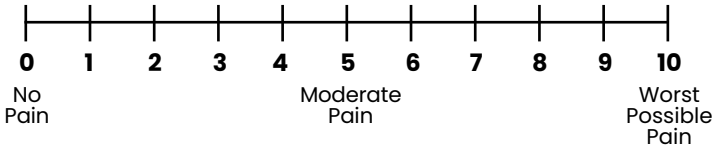
Pain Management Log

Use this log to help describe and track pain and medication use. Share this log with your Empath Health nurse. The nurse will provide training regarding if and when to give pain medication and the side effects of the medication.

Wong-Baker FACES® Pain Rating Scale

0	2	4	6	8	10
No Hurt	Hurts Little Bit	Hurts Little More	Hurts Even More	Hurts Whole Lot	Hurts Worst

Numeric Rating Scale



	Date	Time	Pain Score Before Med	Medication Name	Dose Taken	Pain Score Hours After Med	Notes: Location of Pain, Observations, Questions, Side Effects, What Makes It Better or Worse
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							

Call Empath Health for pain not relieved or any questions about pain medications any questions (888) 855-2838: _____

Empath Hospice | Hospice of Marion County | Suncoast Hospice | Suncoast Hospice of Hillsborough | Tidewell Hospice

EmpathHealth.org